

Method	Specimen Type	Specimen Container	Minimum Volume	Preferred Volume	Transport Requirements	Stability	Rejection Criteria	Collection Instructions
Covid	Nasal swab	MTM Tube	300 uL	500 uL	Room temperature	5 days (-20 to 55C)	No swab present; Insufficient volume; Outside stability	Swab interior of each nostril for approx 10 seconds, place in transport medium
Respiratory	Nasopharyngeal swab	MTM Tube	500 uL	1 mL	Room temperature	5 days (-20 to 55C)	No swab present; Insufficient volume; Outside stability	Clinician-performed nasopharyngeal swab for several seconds, place in transport medium
Urinary Tract Infection	Urine	Vaccutainer PreservativeTube	1 mL	Fill to minimum line on tube	Room temperature	5 days (-20 to 55C)	UA tube not filled to minimum line; Improper collection; Sample outside stability	Clean catch urine sample, transfer to UA preservative tube for transport
Urinalysis	Urine	Vaccutainer Preservative Tube	2 1 mL	5 mL	Room temperature	72 hours (-20 to 55C)	UA tube not filled to minimum line; Improper collection; Sample outside stability	Clean catch urine sample, transfer to UA preservative tube for transport
NIPT	Whole blood	Streck Tube	1 tube	1-2 tubes	6 to 37C (Blood) -80 to -20C (Serum)	7 days (6 to 37C Blood) 30 days (-80 to -20 Serum)	Improper transport; Insufficient volume; Outside stability	Blood collection in Streck tube
Toxicology	Urine	Sample Cup	2 mL	15 mL	Room temperature	11 days (room temp)	Insufficient volume; Improper collection; Outside stability	Collect first 15-25 mL of urine in sterile cup